

LENARDS OF COVENT GARDEN MARKET REPORT

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NEWS

- With the terrible weather over the last 7 days we expected the prices to go through the roof. However this is not the case. Except for 2 items which are Cauliflower and Purple Sprouting Broccoli. These 2 items will reduce next week.
- Peaches and Nectarines coming to a finish.
- Brazilian Mangoes are of excellent quality.
- Still some Cape Plums that are worth having.
- Blood Oranges are now at their best. Still around for another 4 weeks.

AROUND THE GLOBE

France:

- Baby Globe Artichokes.
- Jerusalem Artichokes
- French Watercress is coming to an end!

Spain:

- Prices are very reasonable for Peppers, Aubergines, Courgettes and Tomatoes.
- Peaches will start in around a fortnight.
- All berries are Spanish, they look good but do not taste of much.
- Lovely Large Globe Artichokes.

Italy: Twice Weekly

Casto Franco
Wild Rocket
San Mezzano
Leafy Lemon & Oranges
Trevisse
Tardivo
Monks Beard
Cima De Rappa
Cavello Nero

ENGLISH PRODUCE

First of Jersey Potatoes are in, but be aware they are expensive.

English Watercress from Chalk Valley Farms has now started.

Forced Yorkshire Rhubarb is of excellent quality, but expensive! How things have changed, 10 years ago you could not give it away!

English Spring Greens are arriving but quality has been poor. We have been substituting with a Portuguese Hispi for the time being.

Wild Garlic Leaf has started, it is a tad expensive. It will come down in price soon.

Nettles to start within a week or 2.