

LENARDS OF COVENT GARDEN MARKET REPORT

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06th June 2016

Fresh Peas and Broad Beans have now arrived. With Runner beans to follow very shortly.

Some lovely New season Spanish Corn Cob in Husk.

Large French Globe Artichokes are very good! Be aware baby chokes are very expensive!

Some excellent English Green Asparagus and French White Asparagus around.

English Chard – green/rainbow is very good at the moment.

Just a quick note that Purple Sprouting Broccoli has finished!

Lovely Cauliflowers around and finally price has come down.

French New Crop Celeriac, and Swiss Chard both available.

Chilean Black and White grape are on the market. They are lovely quality but expensive! We are waiting for the Spanish to arrive.

In full swing are –
Apricots
Cherries
Peaches
Nectarines

Red Gooseberries have started, and they are a tad expensive. Green to follow very shortly.

From France some great radishes both White tipped breakfast and mixed.

Now in full swing – English Raspberries and Strawberries! We are waiting for Blueberry and Blackberry, it shouldn't be long.

Try to avoid Red Currents at the moment they are costing a fortune!

Some lovely Long Stemmed Wet New Crop Garlic around, and also around is strings of Smoked Garlic. Although Garlic Leaf has now finished.

Spanish lettuces finished, and we moved onto English, with all of the being very good!

- Little Gem
- Iceberg
- Round
- Baby Red Chard
- Pousse
- Oakleaf
- Lollo Rosso

Dutch Chicory Red and White is particularly good at the moment.

Italian Produce (available twice weekly)

Trevisse – Large and Spikey
Leafy Lemons
Rappini
Black Cabbage
Bunched Grelot Onions
Tarvido