

# LENARDS OF COVENT GARDEN MARKET REPORT

0207 498 0927

12<sup>TH</sup> April 2016

**Spring is finally here,**  
which sees the arrival of:

Broad Beans  
Peas  
English's Asparagus  
Wild Garlic Leaf  
Jersey Pots (mids & ware)

Forced Rhubarb – Make the most of it, will be finished in 10 days! Although there will be outdoor available when Forced is no longer at its best.

## **Italian Produce (available twice weekly)**

Trevisse – Large and Spikey  
Cima De Rappi  
Leafy Lemons  
Chipolini Onions  
San Mezzano Tomatoes  
Leafy Celery  
Punterella  
Chicoria

At last Peppers,  
Aubergines, and courgettes  
are now very good value!

There are Spanish Nectarines and Peaches around, but we have not been getting them as they are very expensive. They should be affordable within 2 weeks so try to hang fire.

In the meantime make the most of the Blood Oranges as they will be finished in 2 weeks. In our opinion very good at the moment!

Currently working Spanish Strawberry at the moment, there was English on the market this morning, but they were greenhouse grown. So outdoor will be following shortly. As will Raspberries.

Available at the moment is Chilean Black Grape, and South African White grape. They are both very good and hopefully around for a while.

The best South American Mangoes money can buy are on the market, maybe a tad expensive but worth every penny.

Purple sprouting Broccoli is now coming down to a reasonable price, as is spring Green and Hispi Cabbage.

Israeli Samphire is around at the moment, good quality and value.

Cos, Iceberg and Little Gem are all Spanish at the moment, and commanding quite a high price. English to start in the next 4 weeks. Which will see the price come down.

Some lovely Long Stemmed Wet New Crop Garlic around, and also around is strings of Smoked Garlic.

French New Crop Celeriac, and Swiss Chard both available.

Dutch Chicory Red and White is particularly good at the moment.

South African stone is now finish except for Plums. Which are very nice.